

Connect with Your Infinite Self

A Course Description

A course that helps you to get in touch with your sixth sense, connect with the infinite abundance within you and manifests unity through connection.

This course is a 6 day program. When you register for this class, you will receive a confirmation email containing a MP3 file along with a written meditation that will prepare you for this experience. For 6 consecutive days, you will receive an email containing a daily lesson and a link for a daily meditation MP3 recording (approximately 7 to 10 minutes in length).

Introduction:

Life on Planet Earth is a virtual journey to the past. From the moment of our physical birth and for many years after, we struggle to find our place in the universe. In subsequent years, we endeavor to create a successful future for ourselves and our families. All the while, we have forgotten the real truth about whom we really are and why we are here. It is only when we are able to “wake up” and remember, that we can realize true success and happiness in life. Through our enlightenment, we become connected to the source of the universe and everyone and everything in it. That is the moment of our true birth – a spiritual rebirth actually. That is when we begin to discover the wonderful gifts we have been bestowed and experience the true happiness and success we spend our lives searching for. Waking up is remembering an ancient past when we made certain decisions and planned our journey on the earth plane.

How this course will help you:

By engaging our thoughts and taking us to a deeper level, we are enabled to connect with a greater and more spiritual universe than we ever could have imagined, while struggling to find our place in it. And by simply waking up, we suddenly realize that it has been there all along and for infinity.

By practicing the exercises, we are able to put to sleep that drive that is within us which keeps us searching for success and happiness. By its very nature, that internal drive only delays that for which it seeks; and once it is rendered powerless, our minds open to the vast realm of possibilities. Waking up is the first step. Staying awake requires constant vigilance in our minds to keep the old habits and behaviors at bay. The lessons and meditation activate and galvanize our senses, sharpening them to the point where our mindfulness and clarity of our purpose become dominant forces in everything we do, say and think. That is the turning point when the things we want in life are naturally attracted to us, and we no longer have to drive ourselves in an elusive search for happiness.

“Waking up” happens to many people naturally and unexpectedly. Although it is not the most desirable means of waking up, sometimes it is a traumatic experience that triggers it. Most commonly, persons who have a near death experience claim to have received enlightenment; and there are millions of such testimonials.

In my own situation, I have been a student of natural healing, hypnosis and the physical and spiritual aspects of the mind for decades. I have known the principles of enlightenment for years. However, “knowing” and “being and staying” enlightened are two different things. One can “know” something is true, but must experience it in order to “be” it.

My “intention” for sharing this course:

My own recent experience with death has shown me the way to the true happiness of waking up and staying awake. Several months ago, I had been deeply involved in the affairs of both my personal life and my professional life. Being the mother of five children, I need not describe the complexities of my personal life. However, at the same time, I was struggling to finish my book. I say “struggling” because for reasons unknown to me at the time, I just could not bring it to conclusion. When a person passes away, they are given an automatic connection to the source. It is important to remember that we all have access to this connection. The source of God is within us. It is often hard to remember this, but when you have the near death experience, you come out of it with a MISSION to go out and teach. The mission I was given was to “Teach people that we

are one.” In addition, I was given other messages, and some were specifically about my book. When I recovered, I was able to finish it without any further problem. A further message was that the book was not enough, but a course that offers to others the necessary tools to work through positive exercises that reinforce the ability to stay awake by fine tuning their intuition, connecting with a “process” that connects them with their “source” (God, Creator, and Spirit).

I invite you to “experience” yourself through this course/journey back to your true self.

In Peace,

Kimmie Rose Zapf

Course Description

Daily Meditation:

In order to “wake up” and experience the joys of non-reactive presence, a daily meditation practice is important. Meditation usually begins with awareness of breathing.

Day 1:

Understanding breath

Experiencing yourself as your Spirit

Developing Clairaudience “Clear Hearing”

Day 2:

Experiencing and understanding Spiritual Currency

Living in Gratitude

Developing Clairsentience Empathy “Clear Feeling”

Day 3:

Creating harmony within yourself and others by understanding intention

Allowing your intention carry your truth and get to know yourself better

Become aware off your sensory perceptions

Developing taste and smell

Day 4:

Simplify your life

Experience Mindfulness (calmness, clarity and release daily pressures)

Become present in your life (*relax and bring forth an awareness of what is happening in the present*)

Develop Clairvoyance “Clear Seeing”

Day 5:

Embracing your true self and others as you

Connecting to people in your life and those who have passed

Manifesting abundance in your life (The law of attraction)

Experience your life by accessing inner peace

Day 6:

Experience your true “scenes”

Accepting

Spiritual attunement

Accessing the sixth sense